

# ANYONE, ANYTIME CAN ASK FOR HELP.

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As the parent of a son with a substance use disorder, I know how important it is to **GET EDUCATED** about addiction, enabling, codependency and recovery.

More importantly, if your family is impacted by this disease please **FIND SUPPORT** for yourself and loved ones.

Also, ask your doctor for a prescription for **NALOXONE**. It can save the life of someone experiencing an opioid overdose from heroin or prescription medications.

Anyone Anytime should have access to this lifesaving medication.”



Can experience addiction • Can ask for help  
Can recover • Can save a life

[www.anyoneanytimenh.org](http://www.anyoneanytimenh.org)

#### NH STATEWIDE ADDICTION CRISIS LINE

If you or someone you know is experiencing a substance use or an addiction-related crisis

**1.844.711.HELP (4357)**

#### FOR INFORMATION VISIT:



**NH Alcohol and Drug  
TREATMENT LOCATOR**

[www.nhtreatment.org](http://www.nhtreatment.org)

#### FOR INFORMATION CALL:

**2-1-1**

Get Connected. Get Answers.